



Precision with
every Hormone
Health decision.

Product Catalog

October 2024

Precision hormone support in a bottle

Our formulations target each individual's hormonal pattern and goes beyond to support the entire endocrine system holistically.

Meet our categories:

Harmonize

Blended with female hormone balance in mind, these products work to Harmonize and support healthy hormone levels.*

Restore

Designed to move, alter and transform our detox intermediates into less reactive and more easily eliminated by-products.*

Optimize

Products blended to support alignment to our HPA axis. Optimizing our circadian activity and adrenal balance.*

Enhance

With a focus on optimizing testosterone function, these formulations provide support for male hormone potential.*

Harmonize



Restore



Optimize



Enhance



Meet Harmonize


Blended with female hormone balance in mind, these products work to Harmonize and support healthy hormone levels.*





FORMULA 1

90 CAPSULES | PROGESTERONE HARMONY

A complementary blend of herbs and minerals to support healthy ovulation.*

 Supports progesterone activity

 Targets the HPO axis to support follicular maturation and release

 Provides nutrients required for fertility and ovarian hormone regularity

SUGGESTED USE: Take 3 capsules once a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) (from mixed-carotene blend)	40 mcg RAE 5%
Vitamin B ₆ (as pyridoxal 5-phosphate)	30 mg 1765%
Zinc (as <i>zinc picolinate</i>)	1 mg 9%
Lady's Mantle (<i>alchemilla vulgaris</i>) (aerial part) powder	400 mg †
Yarrow (<i>achillea millefolium</i>) (aerial part) powder	400 mg †
Borage (<i>borago officinalis</i>) (seed) powder	300 mg †
Chastetree (<i>vitex agnus-castus</i>) (fruit) extract	200 mg †
Mixed-Carotene (from palm fruit (<i>elaeis guineensis</i>))	4 mg †
Alpha-Carotene	0.04 mg †
Gamma-Carotene	0.4 mcg †
Lycopene	0.12 mcg †

† Daily Value not established


OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate, and silicon dioxide.




FORMULA 4

120 CAPSULES | PREMENSTRUAL BLEND

Blended herbs and minerals to support ovulation and cultivate a healthy mind and body throughout the menstrual cycle.*

 Support already healthy inflammation levels

 Helps support healthy mood throughout the menstrual cycle

 Supports hormonal balance

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calcium (as calcium citrate tetrahydrate)	52.7 mg	4%
Vitamin C (as ascorbic acid)	150 mg	167%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	21.9 mg	5%
Vitamin E (as d-alpha tocopheryl succinate)	10 mg	67%
Vitamin B6 (as pyridoxal 5-phosphate)	10 mg	588%
Zinc (as zinc picolinate)	1.4 mg	13%
Copper (as copper citrate)	0.05 mg	6%
Lady's Mantle (<i>Alchemilla vulgaris</i>) (aerial parts) powder	200 mg	†
Indian frankincense (<i>Boswellia serrata</i>) extract	150 mg	†
Chastetree (<i>Vitex agnus-castus</i>) (fruit) extract	100 mg	†
Dong-Quai (<i>Angelica sinensis</i>) (root) 4:1	100 mg	†
Dandelion (<i>Taraxacum officinale</i>) (root) extract 4:1	50 mg	†
L-theanine (Suntheanine®)	50 mg	†
Wild Yam (<i>Dioscorea villosa</i>) (root) extract 10:1	50 mg	†
Licorice (<i>Glycyrrhiza glabra</i>) (root) extract 20:1	25 mg	†
Cinnamon (<i>Cinnamomum zeylanicum</i>) (bark) powder	25 mg	†

† Daily Value not established

Other ingredients: Vegetable capsule (hypromellose), magnesium stearate and silicon dioxide.




FORMULA 5

60 CAPSULES | FEMALE TESTOSTERONE BOOST

Blended to support optimal androgen performance.*

 Supports female androgen activity

 Supports focus and stamina

 Supports mood

SUGGESTED USE: Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value	
Zinc (as zinc picolinate)	0.80 mg	7%
Organic Gelatinized Maca (<i>Lepidium peruvianum chacon</i>) (root) powder	200 mg	†
Tribulus (<i>Tribulus terrestris</i>) (fruit) extract (std. to 40% saponins)	125 mg	†
Chrysin (from <i>Oroxylum indicum</i> seed extract)	75 mg	†
Fo-Ti (He-Shou-Wu) (<i>Polygonum multiflorum</i>) (root) powder	25 mg	†
Damiana (<i>Turnera diffusa</i>) (leaf) extract 10:1	15 mg	†
Fenugreek (<i>Trigonella foenum-graecum</i>) (seed) extract 20:1	7.5 mg	†
Ginger (<i>Zingiber officinale</i>) (root) extract 4:1	4.2 mg	†
Boron (boron citrate)	0.05 mg	†

† Daily Value not established


Other ingredients: Vegetable capsule (hypromellose), magnesium stearate, microcrystalline cellulose, and silicon dioxide.





FORMULA 7

120 CAPSULES | FEMALE DEplete BLEND

Blended to support and optimize testosterone and estrogen balance.*

 Supports the activity and receptor response to testosterone and estrogens in the body

 Targets hormonal response both through ovarian and adrenal health

 Works to support vitality and longevity through healthy hormone balance

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) (from Mixed-Carotene blend)	20 mcg RAE 2%
Vitamin C (as ascorbic acid)	150 mg 167%
Vitamin E (as d-alpha tocopheryl succinate)	10 mg 67%
Vitamin B ₆ (as pyridoxal 5-phosphate)	10 mg 588%
Vitamin B ₁₂ (as hydroxocobalamin)	125 mcg 5213%
Calcium (as calcium citrate tetrahydrate)	15.8 mg 1%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	13.1 mg 3%
Zinc (as zinc picolinate)	0.5 mg 5%
Organic Gelatinized Maca (<i>Lepidium peruvianum chacon</i>) (root) powder	250 mg †
Tribulus (<i>Tribulus terrestris</i>) (fruit) extract (std. to 40% saponins)	100 mg †
Milk Thistle (<i>Silybum marianum</i>) (seed) extract 80%	100 mg †
Black Cohosh (<i>Cimicifuga racemosa</i>) (whole plant) extract 4:1	37.5 mg †
Chastetree (<i>Vitex agnus-castus</i>) (fruit) extract (0.5% agnuside)	25 mg †
Shatavari (<i>Asparagus racemosus</i>) (root) extract (20% saponins) 10:1	15 mg †
Rosemary (<i>Rosmarinus officinalis</i>) (leaf) extract (NLT 8% Carnosic Acid, NLT 0.5% Carnosol and NLT 2.5% Rosmarinic Acid)	12 mg †
Chinese Thoroughwax (<i>Bupleurum chinense</i>) (root) extract 5:1	10 mg †
Fenugreek (<i>Trigonella foenum-graecum</i>) (seed) extract [50% Saponins with UV] 20:1	10 mg †
Motherwort (<i>Leonurus cardiaca</i>) (whole herb) extract 10:1	10 mg †
Alfalfa (<i>Medicago sativa</i>) (leaves and stem) extract 10:1	5 mg †
Mixed-Carotene (from palm fruit (<i>Elaeis guineensis</i>))	2 mg †
Alpha-Carotene	0.02 mg †
Gamma-Carotene	0.2 mcg †
Lycopene	0.06 mcg †

† Daily Value not established


OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, and magnesium stearate.




FORMULA 8

60 CAPSULES | ESTROGEN HARMONY

Phytoestrogenic herbs blended to support estrogen harmony*

 Supports vascular, neurocognitive and bone mineral outcomes while supporting estrogenic activity

 Targeted herbs and minerals to support estrogen production and response in the body

 Supports healthy hormonal levels

SUGGESTED USE: Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) (from mixed-carotene blend)	20 mcg RAE 2%
Vitamin E (as d-alpha tocopheryl succinate)	10 mg 67%
Vitamin B ₆ (as pyridoxal 5-phosphate)	10 mg 588%
Vitamin B ₁₂ (as hydroxocobalamin)	125 mcg 5208%
Dong-Quai (<i>Angelica sinensis</i>) (root)	100 mg †
Russian Rhodiola (<i>Rhodiola rosea</i>) (root) extract (Minimum 3% rosavins & minimum 1% salidroside) 10:1	100 mg †
Red Clover (<i>Trifolium pratense</i>) (aerial part) extract (8% isoflavones)	150 mg †
Shatavari (<i>Asparagus racemosus</i>) (root) extract (20% saponins)	15 mg †
Sage (<i>Salvia officinalis</i>) (leaf) extract 10:1	10 mg †
Fenugreek (<i>Trigonella foenum-graecum</i>) (seed) extract [50% saponins with UV] 20:1	10 mg †
Mixed-Carotene (from palm fruit (<i>Elaeis guineensis</i>))	2 mg †
Alpha-Carotene	0.02 mg †
Gamma-Carotene	0.2 mcg †
Lycopene	0.06 mcg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose and magnesium stearate.



FORMULA 9

120 CAPSULES

A robust blend of herbs and minerals to help support estrogen and androgen levels*



A harmonizing blend of herbs and minerals



Helps optimize hormone balance



Nutritive herbs to support ovulatory health and follicular development

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin A (as beta carotene) (from mixed-carotene blend)	20 mcg RAE	2%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	17.6 mg	4%
Riboflavin (as riboflavin 5-phosphate sodium)	15 mg	1154%
Vitamin B ₆ (as pyridoxal 5-phosphate)	10 mg	588%
Zinc (as zinc picolinate)	0.5 mg	5%
Trimethylglycine (as betaine anhydrous)	250 mg	†
German Chamomile (<i>Matricaria recutita</i>) (flower) extract	175 mg	†
N-acetyl-L-cysteine	100 mg	†
Yarrow (<i>Achillea millefolium</i>) (aerial parts) powder	100 mg	†
Lady's Mantle (<i>Alchemilla vulgaris</i>) (aerial parts) powder	100 mg	†
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	84.8 mg	†
Alpha Lipoic Acid (as R-lipoic acid)	50 mg	†
Spearmint (<i>Mentha spicata</i>) (leaf) powder	50 mg	†
Dandelion (<i>Taraxacum officinale</i>) (root) extract 4:1	25 mg	†
Mixed-Carotene (from palm fruit (<i>Elaeis guineensis</i>))	2 mg	†
Alpha-Carotene	0.02 mg	†
Gamma-Carotene	0.2 mcg	†
Lycopene	0.06 mcg	†

† Daily Value not established

Other ingredients: Vegetable capsule (hypromellose), magnesium stearate, microcrystalline cellulose and silicon dioxide.



FORMULA 10

120 CAPSULES

A robust blend of herbs and minerals to support healthy androgen levels and follicular development*



Nutritive herbs to support ovulatory health and follicular development



Helps optimize hormone balance



A harmonizing blend of herbs and minerals designed to support conversion of testosterone into estrogen

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin A (as beta carotene) (from mixed-carotene blend)	22.5 mcg RAE	3%
Vitamin B ₆ (as pyridoxal 5-phosphate)	5 mg	294%
Zinc (as zinc picolinate)	0.5 mg	5%
German Chamomile (<i>Matricaria recutita</i>) (flower) powder	175 mg	†
Betain anhydrous	150 mg	†
N-acetyl-L-cysteine	100 mg	†
Spearmint (<i>Mentha spicata</i>) (leaf) powder	100 mg	†
Lady's Mantle (<i>Alchemilla vulgaris</i>) (aerial parts) powder	100 mg	†
Yarrow (<i>Achillea millefolium</i>) (aerial parts) powder	100 mg	†
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	100 mg	†
Fo-Ti (He-Shou-Wu) (<i>Polygonum multiflorum</i>) (root) powder	50 mg	†
Black Cohosh (<i>Cimicifuga racemosa</i>) (rhizome & root) extract	50 mg	†
Alpha Lipoic Acid (as R-lipoic acid)	50 mg	†
Dandelion (<i>Taraxacum officinale</i>) (root) extract 4:1	25 mg	†
Dong-Quai (<i>Angelica sinensis</i>) (root) extract 4:1	25 mg	†
Licorice (<i>Glycyrrhiza glabra</i>) (root) powder	25 mg	†
White Peony Root (Bai-Shao) (<i>Paeonia lactiflora</i>) (root) extract 4:1	25 mg	†
Burdock (<i>Arctium lappa</i>) (root) extract 10:1	12.5 mg	†
Mixed-Carotene (from palm fruit (<i>Elaeis guineensis</i>))	2.25 mg	†
Alpha-Carotene	0.025 mcg	†
Gamma-Carotene	0.25 mcg	†
Lycopene	0.075 mcg	†

† Daily Value not established

Other ingredients: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.

Meet Restore

Designed to move, alter and transform our detox intermediates into more easily eliminated by-products.



FORMULA 2

60 CAPSULES | DETOX SUPPORT

Focused nutrients to optimize phase 1 and phase 3 detox*



Supports estrogen detoxification



Targets key enzymes involved in phase 1 detoxification



Supports cellular health and estrogen levels

SUGGESTED USE: Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calcium (as calcium d-glucarate)	32.5mg	3%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	13.1 mg	3%
Calcium D-Glucarate (Tetrahydrate Form)	250 mg	†
N-acetyl-L-cysteine	100 mg	†
BioResponse DIM® proprietary complex (Starch, diindolylmethane, Vitamin E [as tocophersolan], phosphatidyl choline, silica)	75 mg	†
Alpha Lipoic (as R-lipoic acid)	50 mg	†
Broccoli (<i>Brassica oleracea italica</i>) (seed) powder extract (13% glucoraphanin) (TrueBroc®)	25 mg	†
Black Radish (<i>Raphanus sativus niger</i>) (root) powder	25 mg	†
Rosemary (<i>Rosmarinus officinalis</i>) (leaf) extract (NLT 8% Carnosic Acid, NLT 0.5% Carnosol and NLT 2.5% Rosmarinic Acid) 10:1	25 mg	†

† Daily Value not established


OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate, and silicon dioxide.





FORMULA 3

120 CAPSULES | DETOX SUPPORT

Focused nutrients to optimize phase 2 and phase 3 detox*

 Supports phase 2 and phase 3 detox pathways

 Supports biliary function

 Supports oxidative stress response

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Thiamin (as thiamin hydrochloride)	12.5 mg	1042%
Riboflavin (as riboflavin 5-phosphate)	12.5 mg	962%
Niacin (as niacinamide)	12.5 mg	78%
Vitamin B ₆ (as pyridoxal-5-phosphate)	10 mg	588%
Folate (as calcium l-5-methyltetrahydrofolate)	200 mcg	50%
Vitamin B ₁₂ (as hydroxocobalamin)	125 mcg	5208%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	26.3 mg	6%
Molybdenum (as sodium molybdate)	9.9 mcg	22%
Trimethylglycine (as betaine anhydrous)	250 mg	†
L-Methionine	250 mg	†
Taurine	200 mg	†
N-acetyl-L-cysteine	100 mg	†
Broccoli (<i>Brassica oleracea italica</i>) (seed) powder extract (13% glucoraphanin) (TrueBroc®)	25 mg	†
L-Serine	25 mg	†

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.





FORMULA 3.5

120 CAPSULES | DETOX COMPLETE

Focused nutrients to support phase 1, phase 2 and phase 3 detox*

 Optimizes phase 1, 2 and 3 detox pathways

 Supports gastrointestinal health

 Supports oxidative stress response

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Thiamin (as thiamin hydrochloride)	15 mg	1250%
Riboflavin (as 50% riboflavin and 50% riboflavin 5-phosphate)	15 mg	1154%
Niacin (as niacinamide)	50 mg	313%
Vitamin B ₆ (as pyridoxal-5-phosphate)	7.5 mg	441%
Folate (as calcium l-5-methyltetrahydrofolate)	200 mcg	50%
Vitamin B ₁₂ (as hydroxocobalamin)	125 mcg	5208%
Calcium (as calcium d-glucarate)	32.5 mg	3%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	13.1 mg	3%
Molybdenum (as sodium molybdate)	14.9 mcg	33%
Calcium D-Glucarate (Tetrahydrate Form)	250 mg	†
Trimethylglycine (as betaine anhydrous)	250 mg	†
Taurine	150 mg	†
N-acetyl-L-cysteine	100 mg	†
L-Methionine	75 mg	†
BioResponse DIM® Proprietary Complex (Starch, diindolylmethane, Vitamin E [as tocophersolan], phosphatidyl choline, silica)	50 mg	†
Broccoli (<i>Brassica oleracea italica</i>) (seed) powder extract (13% glucoraphanin) (TrueBroc®)	25 mg	†
L-Serine	15 mg	†

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), magnesium stearate, silicon dioxide, and microcrystalline cellulose.



FORMULA 6

90 CAPSULES

Herbs and minerals to support*



Supports androgenic balance in the body



Supports tissue response to androgens

SUGGESTED USE: Take 1 capsule 3 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving	% Daily Value
Zinc (as zinc picolinate)	0.67 mg 6%
Copper (as copper citrate)	0.03 mg 4%
Papain (from papaya) powder (30,000 PU/MG (500 TU/mg))	118410 PU †
Borage (<i>Borago officinalis</i>) (seed) extract powder	100 mg †
Saw palmetto (<i>Serenoa repens</i>) (berry) extract	80 mg †
Milk thistle (<i>Silybum marianum</i>) (seed) extract	66.7 mg †
Reishi Mushroom (<i>Ganoderma lucidum</i>) (fruiting body) extract 4:1	41.7 mg †
Fo-Ti (He-Shou-Wu) (<i>Polygonum multiflorum</i>) (root) powder	33.3 mg †
Turmeric (<i>Curcuma longa</i>) (rhizome) 95% curcuminoides	33.3 mg †
Stinging nettle (<i>Urtica dioica</i>) (root) extract 10:1	10 mg †
Lycopene	3.3 mg †
Black Pepper (<i>Piper nigrum</i>) (fruit) (95% piperine) (BioPerine®)	0.7 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate, and silicon dioxide.



FORMULA 11

120 CAPSULES | LIVER GALLBLADDER

FORMULA Providing targeted nutrients for GI and biliary hormone support*



Supports digestion



Targets liver and biliary health to support optimal hormone metabolism



Supports a health estrobolome

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Calcium (as calcium d-glucarate)	65 mg 5%
Magnesium (as magnesium glycinate)	30 mg 7%
Zinc (as zinc carnosine)	1.7 mg 15%
Molybdenum (HVP Chelate)	37.5 mcg 83%
Calcium D-Glucarate (Tetrahydrate Form)	500 mg †
Taurine	150 mg †
Triphala (fruits of <i>Embolica officinalis</i> , <i>Terminalia chebula</i> and <i>Terminalia bellerica</i>)	150 mg †
N-acetyl-L-cysteine	100 mg †
Phosphatidylcholine (<i>Phosphatidyl Choline</i>) (from soya lecithin)	60 mg †
Papain (from papaya) powder (500 TU/mg)	2775 TU †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.



FORMULA 12

60 CAPSULES | NRF2 SUPPORT

A custom and powerful combination of key ingredients with antioxidant properties*



A unique blend of potent antioxidant nutrients focused on supporting the NRF2 pathway – the primary regulator of antioxidant response elements (ACEs) at an intracellular level.



Highlights ultra-potent sulforaphane in the form of TruBroc to support oxidative stress response

SUGGESTED USE: Take 2 capsules once a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	15 mg 100%
Selenium (as L-Selenomethionine)	0.4 mcg <1%
N-acetyl-L-cysteine	300 mg †
Green Tea (<i>Camellia sinensis</i>) (leaf) extract (Total polyphenols 98%, 50% EGCG <1% Caffeine)	225 mg †
Broccoli (<i>Brassica oleracea italica</i>) (seed) powder extract (13% glucoraphanin) (TrueBroc®)	200 mg †
Pomegranate (<i>Punica granatwn</i>) (fruit) extract (40% Ellagig acid)	100 mg †
Coenzyme Q10	50 mg †
Mustard Powder (<i>Sinapis alba</i> / <i>Brassica hirta</i>) (seed)	20 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, and magnesium stearate.



FORMULA 15

60 CAPSULES | SHBG SUPPORT

Nutrients to help maintain healthy testosterone levels*



Supports regular, healthy hormonal patterns and cycles



Supports healthy levels of testosterone and estrogen

SUGGESTED USE: Take 1 capsule 2 times per day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Calcium (as calcium d-glucarate)	32.5 mg 3%
Zinc (as zinc picolinate)	3.5 mg 32%
Calcium D-Glucarate (Tetrahydrate Form)	250 mg †
Oat Straw (<i>Avena sativa</i>) (aerial parts) extract	250 mg †
Tongkat ali (<i>Eurycoma longifolia</i>) (root) (22% bioactive eurypeptides and 40% glycol saponins) extract	50 mg †
Boron (as boron citrate)	5 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.

Meet Optimize

Products blended to support alignment to our HPA axis. Supporting our circadian activity and adrenal balance.*



FORMULA 13

90 CAPSULES | CALMING SUPPORT

Formulated to calm and soothe the mind and help mitigate the impacts of everyday stresses on adrenals.*



May help mitigate the physiological effects of stress



Contains calming, non-sedative herbs to promote a feeling of relaxation



Helps to balance cortisol production and release

SUGGESTED USE: Take 3 capsules once a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin B ₆ (as pyridoxal 5-phosphate)	10 mg	588%
Pantothenic Acid (Vitamin B ₅) (as Calcium d-Pantothenate)	10 mg	201%
Calcium (as calcium citrate tetrahydrate)	10.5 mg	< 1%
Magnesium (as 50% magnesium glycinate and 50% magnesium malate)	43.8 mg	10%
L- Glycine	500 mg	†
Relora® (Proprietary Blend of Magnolia officinalis and Phellodendron amurense)	250 mg	†
Magnolia Bark (<i>Magnolia officinalis</i>) (bark) extract		
Phellodendron (<i>Phellodendron amurense</i>) (bark) extract		
L-theanine (Suntheanine®)	100 mg	†
Inositol	100 mg	†
Sunflower (Phosphatidylserine) (as <i>Helianthus annuus</i>) (seed) extract	100 mg	†
Stinging Nettle (<i>Urtica dioica</i> . L) (root) extract 10:1	10 mg	†

† Daily Value not established


OTHER INGREDIENTS: Vegetable capsule (hypromellose), magnesium stearate and microcrystalline cellulose.




FORMULA 14

120 CAPSULES | ADRENAL DESICCATED

Bovine adrenal glandular for adrenal health benefits*

 Supports adrenal function

 Supports cellular energy production and vitality

 Supports the HPA axis

SUGGESTED USE: Take 1 capsule 1-2 times per day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving	% Daily Value
Adrenal Cortex Concentrate (Desiccated suprarenal cortex) (Porcine)	50 mg †

† Daily Value not established


OTHER INGREDIENTS: Gelatin capsule, and microcrystalline cellulose.




FORMULA 16

120 CAPSULES | ALARM PHASE

Adaptogenic blend to target excitatory adrenal patterns*

 Targeted support for healthy inflammation levels

 Calming adaptogenic herbs blended to support the HPA stress signal

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin C (as calcium L-ascorbate dihydrate)	100 mg 111%
Vitamin B ₆ (as pyridoxal 5-phosphate)	10 mg 588%
Pantothenic Acid (Vitamin B ₅) (as Calcium d-Pantothenate)	15 mg 300%
Magnesium (as magnesium taurate, magnesium malate and magnesium glycinate)	14.9 mg 4%
Chromium (as chromium polynicotinate)	2.5 mcg 7%
Holy Basil (leaf) (standardized to 2.5% Ursolic Acid) extract	150 mg †
Bacopa (<i>Bacopa monnieri</i>) (whole plant) (standardized to 20% bacosides) extract	150 mg †
Berberine (as Berberine Hydrochloride (from Indian Barberry) (<i>Berberis aristata</i>) (bark))	115.8 mg †
Myoinositol	100 mg †
Phosphatidylserine (as Sunflower (<i>Helianthus annuus</i>) (seed) extract)	50 mg †
Relora® (Proprietary Blend of <i>Magnolia officinalis</i> and <i>Phellodendron amurense</i>) Magnolia Bark (<i>Magnolia officinalis</i>) (bark) extract Phellodendron (<i>Phellodendron amurense</i>) (bark) extract	100 mg †
Ashwagandha (<i>Withania somnifera</i>) extract	100 mg †
German Chamomile (<i>Matricaria recutita</i>) (flower) extract	50 mg †
Taurine	50 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, and magnesium stearate.



FORMULA 17

120 CAPSULES | INFLAMED PHASE

Adaptogenic blend to promote a healthy adrenal pattern*

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin C (as calcium L-ascorbate)	100 mg 111%
Thiamin (as thiamin mononitrate)	10 mg 833%
Riboflavin (as riboflavin 5-phosphate)	5 mg 385%
Niacin (as niacinamide)	10 mg 63%
Vitamin B ₆ (as pyridoxal 5-phosphate)	10 mg 588%
Pantothenic Acid (Vitamin B ₅) (as Calcium d-Pantothenate)	10 mg 200%
Magnesium (as magnesium taurate, magnesium malate and magnesium citrate)	10 mg 2%
Zinc (as zinc picolinate)	0.5 mg 5%
Berberine Hydrochloride (from Indian Barberry) (<i>Berberis aristata</i>) (bark)	250 mg †
Turmeric (<i>Curcuma Longa</i>) Rhizome 95% Curcuminoids	90 mg †
L-Carnitine (as Carnitine Tartrate)	84.8 mg †
Alpha Lipoic Acid (as R-lipoic acid)	50 mg †
Siberian Ginseng (<i>Eleutherococcus senticosus</i>) (root) extract 4:1	50 mg †
Cinnamon (<i>Cinnamomum zeylanicum</i>) (bark) powder	50 mg †
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	42.4 mg †
Schizandra (<i>Schisandra chinensis</i>) (fruit) extract	25 mg †
Licorice (<i>Glycyrrhiza glabra</i>) (root) extract 20:1	25 mg †
Black Pepper (<i>Piper nigrum</i>) (fruit) (95% piperine) (BioPerine®)	10 mg †

† Daily Value not established




OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.



FORMULA 18

120 CAPSULES | COMPENSATION PHASE

Adaptogenic blend to support a healthy adrenal pattern*

-  Supports cortisol metabolism and cellular response to free T3
-  Supports mitochondrial health and cortisol response and utilization
-  Adrenal co-factors to regulate adrenal health

SUGGESTED USE: Take 2 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin C (as calcium L-ascorbate)	150 mg 167%
Thiamin (as thiamin mononitrate)	25 mg 2083%
Riboflavin (as riboflavin 5-phosphate)	5 mg 385%
Niacin (as niacinamide)	50 mg 313%
Vitamin B ₆ (as pyridoxal 5-phosphate)	5 mg 294%
Vitamin B ₁₂ (as hydroxocobalamin)	75 mcg 3125%
Pantothenic Acid (Vitamin B ₅) (as Calcium d-Pantothenate)	25 mg 500%
Selenium (as L-Selenomethionine)	0.1 mcg < 1%
Bacopa Extract (<i>Bacopa monnieri</i>) (whole plant) (standardized to 20% bacosides)	150 mg †
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	127.2 mg †
Russian Rhodiola (<i>Rhodiola rosea</i>) (root) extract	100 mg †
Siberian Ginseng (<i>Eleutherococcus senticosus</i>) (root) extract	100 mg †
Ashwagandha (<i>Withania somnifera</i>) (root) extract	100 mg †
N-acetyl L-tyrosine	75 mg †
L-Serine	50 mg †
Alpha Lipoic (as R-lipoic acid)	50 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.



FORMULA 19

180 CAPSULES | EXHAUSTED PHASE

Adaptogenic blend for adrenal support*



Supports a healthy HPA response



Supports cortisol and cellular energy levels



Supports mitochondrial activity and cellular energy expenditure

SUGGESTED USE: Take 3 capsules 2 times per day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin C (as calcium ascorbate)	150 mg 167%
Thiamin (as thiamin hydrochloride, thiamin pyrophosphate)	25 mg 2083%
Riboflavin (as riboflavin 5-phosphate)	10 mg 769%
Niacin (as niacinamide)	50 mg NE 313%
Vitamin B6 (as pyridoxal 5-phosphate)	5 mg 294%
Vitamin B12 (as 50% hydroxocobalamin and 50% adenosylcobalamin)	125 mcg 5208%
Biotin	250 mcg 833%
Pantothenic Acid (Vitamin B5) (as Calcium d-Pantothenate)	15 mg 300%
Selenium (as L-Selenomethionine)	100 mcg 182%
Eleuthero (<i>Eleutherococcus senticosus</i>) (root) extract	300 mg †
L-Carnitine Tartrate	250 mg †
Schizandra (<i>Schisandra chinensis</i>) (fruit) extract 10:1	250 mg †
N-acetyl L-tyrosine	150 mg †
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	125 mg †
Alpha Lipoic Acid	100 mg †
Ubiquinol (Kaneka Ubiquinol® †) active form of CoEnzymeQ10	50 mg †
Licorice (<i>Glycyrrhiza glabra</i>) (root) extract (standardized to 20% Glycyrrhizic Acid)	50 mg †

† Daily Value not established

OTHER INGREDIENTS: Gelatin capsule, microcrystalline cellulose, vegetable stearate and silicon dioxide.

SUPPLEMENT FACTS

Serving Size 0.20mL (4 Drops)
Servings Per Container 300

Amount Per Serving	% Daily Value
Dehydroepiandrosterone (DHEA)	5 mg †

† Daily Value not established

OTHER INGREDIENTS: Steam distilled water, vegetable glycerin, organic cane alcohol 5%, sunflower lecithin, natural orange flavor, natural stevia leaf extract, potassium sorbate (preservative).



FORMULA 23

60 ML (2 FL OZ) | DHEA

Liquid DHEA (micronized)



Supports hormonal activity and response



Supports adrenal health and stress response

SUGGESTED USE: Adults take 4 drops once daily or as otherwise directed by a healthcare practitioner.



FORMULA 24

180 CAPSULES | OCP SUPPORT FORMULA

A well-balanced blend of synergistic amino acids, vitamins and minerals to support hormone health while on birth control*

Supports vital nutrients while on hormonal contraceptive pills

Supports healthy ovarian and adrenal tissue

Supports gastric function and liver health without impacting the effectiveness or clearance of hormonal contraceptives

SUGGESTED USE: Take 3 capsules 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	125 mg	139%
Vitamin E (mixed tocopherols)	50 mg	333%
Thiamin (as thiamin hydrochloride)	10 mg	833%
Riboflavin (as riboflavin 5-phosphate)	10 mg	769%
Vitamin B ₆ (as pyridoxal-5-phosphate)	7.5 mg	441%
Folate (as calcium l-5-methyltetrahydrofolate)	200 mcg	50%
Vitamin B ₁₂ (as hydroxocobalamin)	125 mcg	5208%
Biotin (Vitamin B ₇)	250 mcg	833%
Calcium (as calcium citrate tetrahydrate)	200 mg	15%
Magnesium (as 50% magnesium malate and 50% magnesium glycinate)	100 mg	24%
Zinc (as zinc picolinate)	3.5 mg	32%
Selenium (as L-Selenomethionine)	50 mcg	91%
Copper (as copper citrate)	0.5 mg	56%
L-theanine (Suntheanine®)	50 mg	†
Papain (from papaya) powder (30,000 PU/MG (500 TU/mg))	2960TU	†

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.



FORMULA 25

90 CAPSULES | INOSITOL

A 40:1 ratio of myo:d-chiro inositol, folate and B12 to support ovulatory health*

Designed to support optimal hormone balance

Supports menstrual cycle regularity

Supports ovarian health and follicular development

SUGGESTED USE: Take 3 capsules once a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Folate (as calcium l-5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B ₁₂ (as hydroxocobalamin)	250 mcg	10417%
Myoinositol	2000 mg	†
D-Chrio-Inositol (Ceratonnia siliqua) (pods)	50 mg	†

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose and magnesium stearate.

Meet Enhance


With a focus on supporting testosterone function and male hormone potential.*





FORMULA 20

60 CAPSULES | MALE

A blend of herbs and nutrients designed for androgenic activity and performance*

 Supports healthy testosterone output

 May help support hormone-related fatigue response

 Supports healthy sexual function

SUGGESTED USE: Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin E (mixed tocopherol)	20 mg	133%
Vitamin B ₆ (as pyridoxal 5-phosphate)	5 mg	294%
Zinc (as zinc picolinate)	0.5 mg	5%
Tribulus (<i>Tribulus terrestris</i>) (fruit) extract	250 mg	†
Velvet bean (<i>Mucuna pruriens</i>) (seed) extract	100 mg	†
Ashwagandha (<i>Withania somnifera</i>) (root) extract	100 mg	†
Tongkat ali (<i>Eurycoma longifolia</i>) (root) extract	50 mg	†
Maca (<i>Lepidium meyenii</i>) (root) extract 10:1	15 mg	†
Boron (as boron citrate)	0.05 mg	†

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), magnesium stearate, silicon dioxide, and microcrystalline cellulose.



FORMULA 21

60 CAPSULES | MALE

Blended to support factors that may help support aromatization of testosterone into estrogen in men*

- Supports endogenous production of testosterone
- May support healthy aromatase activity
- May help support healthy estrogen levels
- Supports a healthy ratio of testosterone to estrogen

SUGGESTED USE: Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Zinc (as zinc picolinate)	1 mg 9%
Copper (as copper citrate)	0.05 mg 6%
Tribulus (<i>Tribulus terrestris</i>) (fruit) extract	250 mg †
Chrysin (from <i>Oroxylum indicum</i> seed extract)	125 mg †
Milk Thistle (<i>Silybum marianum</i>) (seed) extract	100 mg †
Tongkat ali (<i>Eurycoma longifolia</i>) (root) extract 100:1	50 mg †
Epimedium (<i>Epimedium sagittatum</i>) (aerial parts) extract	50 mg †
Beta-sitosterol (as soy phytosterol complex)	24 mg †
Damiana (<i>Turnera diffusa</i> var. <i>aphrodisiaca</i>) (leaf) extract 10:1	10 mg †
Lycopene	5 mg †
Boron (as boron citrate)	0.125 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), magnesium stearate and silicon dioxide.



FORMULA 22

60 CAPSULES | MALE

Formulated to support healthy hormone activity in the body, stress response on the tissues, while focusing on support for androgen activity and response*

- May support healthy estrogen levels
- May support healthy aromatase activity and estrogen levels in men
- Supports healthy blood sugar levels

SUGGESTED USE: Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Selenium (as L-Selenomethionine)	0.125 mcg < 1%
Chromium (as chromium polynicotinate)	2.5 mcg 7%
Chrysin (from <i>Oroxylum indicum</i> seed extract)	150 mg †
Berberine Hydrochloride (from Indian Barberry) (<i>Berberis aristata</i>) (bark) powder	85.36 mg †
Epimedium (<i>Epimedium sagittatum</i>) (aerial parts) extract	50 mg †
Beta-sitosterol (as soy phytosterol complex)	20 mg †
Stinging Nettle (<i>Urtica dioica</i> . L) (root) extract 10:1	15 mg †
Lycopene	5 mg †
Grape (<i>Vitis vinifera</i>) (seed) extract 4:1	5 mg †
Damiana (<i>Turnera diffusa</i> var. <i>aphrodisiaca</i>) (leaf) extract 10:1	5 mg †

† Daily Value not established

OTHER INGREDIENTS: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate and silicon dioxide.

Doctor formulated, patient validated.

Our evidence-based formulations are designed with optimal dosing and herb partnership in mind, ensuring maximum value for a given product when used to address a specific function.



Properly Dosed

No more having to play pharmacist because our solution is dosed specifically for your patient's specific hormonal pattern.



Doctor Formulated

Created by hormone specialists that use EndoAxis.



Evidence Based

Efficacy based on clinic experience, lab testing, and the latest in academic research.



Targeted

No more pecking around for a million different supplements, we got it all in one personalized formula.



BECOME A HORMONE EXPERT

EndoAxis.com



EXPERT



ACCURATE



CUSTOM